1985
Nelson County Times

Monroe Institute:

Internationally Recognized Research Facility Attracts Thousands To Nelson

PASTORAL SETTING of the Monroe Institute on about 800 acres near Adial.

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osts Open House

By Judy Madison
Staff Writer

FABER — An open house held at the Monroe Institute of Applied Sciences drew a crowd of about 90-100 Nelson County residents Sunday afternoon.

Visitors were offered guided tours and the opportunity to hear first-hand a sample recording of Hemi-Sync, the program pioneered by institute founder Robert Monroe that the internationally-recognized research facility is noted for. Monroe personnel say Hemi-Sync, or hemispheric synchronization, can enhance the brain's capacity for learning and aid relaxation and concentration. The program employs recorded tapes with tones that correspond to specific brain wave patterns.

Institute Director Nancy McMoneagle said the Monroe staff was "very pleased" with the turnout at the first reception for local residents the institute has held in about 10 years of operation in the county. She said the open house was prompted by repeated questions from the public about the Monroe programs.

"Given the number of questions people have had about who we are and what we do, we decided to have an open house so the community could come and meet us," McMoneagle said. "They could ask whatever questions they may have had about our work, and it gave us a chance to respond to their questions. We also wanted to get to know the community as well.

"We are very grateful for the turnout," she continued. "We are very pleased and thought it was a success."

Among those in attendance at the open house were several parents who have expressed concern at a recent

ROBERT MONROE, right, founder of the Monroe Institute, chats with visitors to the open house held Sunday.